

Elementary School Menu Veggies / Fruits / Herbs

Herbs: Cilantro, Basil, Green Onion

Basics for Cooking: Onions, Garlic, Green bell pepper, Red bell pepper, Poblano pepper, Jalepeno pepper, Lemons, Limes,

Dipper Veggies: Cherry tomato, Cucumber, Zucchini, Carrots (all colors), Celery

Farm Fresh Fridays: Sweet potato, Carrots, Greens (collard, kale, etc.)

Hot Vegetable Sides: Corn, Broccoli, Green beans, Spinach, Cauliflower, Brussel Sprouts

Fruits: Watermelon, Apples, Peaches, Strawberries, Blueberries, Bananas, Oranges, Grapes,

Salad bars: Green leaf lettuce, Romaine lettuce, Kale, Red Cabbage

Root vegetables / Potatoes and other vegetables like butternut squash and all additional green leafy's and lettuce are always welcome too.